

ONE VAST HEART

We had driven up
the mountain stopped
for lunch at the lookout
As I ate my chicken salad sandwich
with 2 hard boiled eggs and water
over the holographic
ranges and valleys
one vast heart, a spectacle
appeared for the first time in my life
as I ate inside a vast ocean
whose existence I knew nothing of
only a chew ago, reverberating
in the ears of time

CRIPPLED

crippled, crazy, and cursed
alone, all, antipathy of life to itself
we share our madness
suffer that we are not damned
make up our fate as the damned
so crippled in our madness,
the curse of skin we try to wash away
when it is no curse, cannot be washed
the washing is what crazy cripples
the knot tighter and tighter